



CHRISTLETON HIGH SCHOOL

CYCLING GUIDELINES

We actively encourage the use of cycles by our students and staff and have put together some guidelines that will help to make your journey safe, but do please remember that it is your parent's decision to allow you to do this.

- Please be aware when cycling on busy roads of other road users, both cars and walkers.
- Don't forget to keep your cycle in good condition and check it regularly.
- For your safety, particularly in the darker times of the year, we recommend that you wear a high visibility vest or stripe
- Also, and most importantly, you should wear a cycling helmet.
- Don't forget H.O.R.N.S:
 - * Hand signals to indicate where you are going
 - * Other road users
 - * Reflective clothing
 - * Never use MP3 players etc
 - * Single file on busy and narrow roads
- Now for the legal bit - Front and Rear lights must be used at dusk or when dark. Front and rear reflectors must be present on bicycles and a working bell or horn must be attached.
- So that we do not have any accidents in school you must dismount / mount at the entrance to school and walk your bike into / out of school.
- Make sure you lock your bike in the cycle sheds. We are sorry but School cannot be responsible for the safekeeping of your cycle.

LOCKERS FOR ALL CYCLISTS

A limited number of lockers are available for either cyclists or year 7 students. If you would like to be allocated a locker you will need a £10 deposit and your cycle helmet if you are not in year 7. Please contact the Cash Office for availability.

